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Suryani Hutomo

*Department of Microbiology, Faculty of Medicine, Duta Wacana Christian University, Jl. Dr. Wahidin Sudiro Husodo 5 – 25, Yogyakarta 55224, Indonesia*

Heni Susilowati

*Department of Oral Biology, Faculty of Dentistry, Gadjah Mada University, Jl. Denta, Sekip Utara, Yogyakarta 55281, Indonesia, [henisusilowati@ugm.ac.id](mailto:henisusilowati@ugm.ac.id)*

Dewi Agustina

*Department of Oral Medicine, Faculty of Dentistry, Gadjah Mada University, Jl. Denta, Sekip Utara, Yogyakarta 55281, Indonesia*

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ORIGINAL ARTICLE

## Cell Morphological Change and Caspase-3 Protein Expression on Epithelial Cells under Stimulation of Oral Bacterium *Streptococcus sanguinis*

Suryani Hutomo<sup>1</sup>, Heni Susilowati<sup>2</sup>, Dewi Agustina<sup>3</sup>

<sup>1</sup>Department of Microbiology, Faculty of Medicine, Duta Wacana Christian University, Jl. Dr. Wahidin Sudiro Husodo 5 – 25, Yogyakarta 55224, Indonesia

<sup>2</sup>Department of Oral Biology, Faculty of Dentistry, Gadjah Mada University, Jl. Denta, Sekip Utara, Yogyakarta 55281, Indonesia

<sup>3</sup>Department of Oral Medicine, Faculty of Dentistry, Gadjah Mada University, Jl. Denta, Sekip Utara, Yogyakarta 55281, Indonesia

Correspondence e-mail to: [henisusilowati@ugm.ac.id](mailto:henisusilowati@ugm.ac.id)

### ABSTRACT

Oral commensal bacterium *Streptococcus sanguinis* may find in periodontal lesions, deep seated infection, and infective endocarditis that are usually dominated by anaerobes. This bacterium caused cell death on some cells but host responses to this species remained unclear. **Objective:** This study was aimed to detect cell morphological change and role of caspase-3 in cell death mechanism induced by *S. sanguinis*. **Methods:** HeLa cells as representative model for oral epithelial cells were exposed to 10<sup>7</sup> cells/ml bacteria for 48 h. Morphological change was observed microscopically after hematoxyline-eosin staining. Expression of active caspase-3 was examined by immunocytochemical analysis after cell stimulation for 36 and 48 h with wild type supragingival *S. sanguinis*. Doxorubicin (0.5625 µg/ml) was used as positive control for caspase-3 activation. **Results:** The results showed cell shrinkage of bacterial-treated cells; and active caspase-3 molecules were detected after 36 and 48 hours cell stimulation. **Conclusion:** This study would suggest cell shrinkage and caspase-3-dependent apoptotic cell death induced by *S. sanguinis*.

**Key words:** apoptosis; caspase-3 activation, cell shrinkage, *Streptococcus sanguinis*

### INTRODUCTION

An oral commensal bacterium *Streptococcus sanguinis* is the earliest species among primary bacterial colony on tooth surface.<sup>1</sup> This species belongs to viridans groups of streptococci. According to their ability to hemolyze red blood cells, this group is classified as  $\alpha$ -hemolytic bacterium. They partially destroy erythrocytes, causing a greenish discoloration around colonies grown on blood agar.<sup>2</sup> *Streptococcus sanguinis* is an aerob-facultative species, but in some cases it can be found in periodontal lesions and deep abscess that are usually dominated by anaerobes.<sup>3</sup> *Streptococcus sanguinis* has been known as oral commensal bacteria, but is often implicated in infective endocarditis. Among viridans group streptococci, *Streptococcus sanguinis* is the most common cause factor of native-valve

infective endocarditis.<sup>4</sup> In addition to the importance of *S. sanguinis* in causing systemic infection, some studies indicated its role in periodontitis. Those studies reported that there are many species associated with the periodontal disease. It was reported that in patients with chronic periodontitis *Streptococcus sanguinis* was found in 35% of colonies consisting *Prevotella intermedia* (37%), *Streptococcus intermedius* (36%), *Campylobacter rectus* (35 %), and *Streptococcus oralis* (34%).<sup>5</sup> Another study also found that *S. sanguinis* was detected in the isolate from periodontal pocket in 22.9% cases of periodontitis patients.<sup>6</sup> Although *S. sanguinis* was found in periodontal disease, its role in the pathogenesis of periodontal disease still needs to be clarified.

Sulcular epithelium is the first layer of gingival tissue which functions as barrier to the exposure of dental plaque bacteria. A study on patients with progressive chronic periodontitis revealed that the predominant bacteria in plaque and gingival tissues was viridans streptococci.<sup>7</sup> As a part of pathobiological mechanism against bacterial exposure, apoptotic cells death were found in the gingival tissue of adult periodontitis patients. A study reported that apoptosis was induced in periodontal tissue by host and microbial factors. The apoptotic cells were found in gingival tissue of patients.<sup>3</sup> A member of viridans streptococci, *S. sanguinis* had been reported to cause cell death by apoptosis. There was also reported that *S. sanguinis* could induce cell death on lung epithelial cells in rat model. In that study, cell death was characterized by apoptosis as observed microscopically from the nuclear morphological change.<sup>8</sup> That study demonstrated one of various cellular phenomena of apoptotic cell death induced by *S. sanguinis*. Therefore, a more specific approach for the confirmation of apoptosis in molecular level is necessary.

Induction and execution of apoptosis require cooperation of a series of biomolecules including signal molecules, receptors, enzymes, and genes regulating proteins. Among them are cysteine-dependent aspartate-specific proteases (caspase)-cascade signaling system, which is regulated by various molecules such as inhibitor of apoptosis protein (IAP), Bcl-2 family proteins, and calpain, they are vital in the process of apoptosis. Caspase molecules are synthesized as inactive zymogens, called procaspases. Upon maturation, procaspases are proteolytically processed into the large and small subunits. Proapoptotic caspases can be divided into the group of initiator caspases including procaspases -2, -8, -9 and -10, and that one as executioner caspases including procaspases -3, -6, and -7.<sup>9</sup> Caspase-3 as a member of executioner caspase can be activated in epithelial cells. There was an elevated expression of caspase-3 in the salivary epithelial cells of Sjögren-Syndrome (SS) patients exposed to specific polyclonal antibodies. It was confirmed that SS salivary epithelial cells underwent apoptosis.<sup>10</sup> Another study reported that an increasing caspase-3 activity was found in lens epithelial cells exposed with staurosporin.<sup>11</sup>

HeLa cells were used in this study as a model of oral epithelial cells. HeLa cell line is of epithelial origin and it is not cytogenetically identical to oral epithelial cells, but oral bacterial gene expression on invasion of HeLa cells is similar to what occurs in the mouth.<sup>12</sup> Antigen expression patterns induced by *Aggregatibacter actinomycetemcomitans* found in the HeLa cells and gingival epithelial cell line were concurrence. Another study reported that the pili of *S. sanguinis* are involved in bacterial adhesion and invasion on HeLa and human oral epithelial cells surface.<sup>13</sup> Those evidences suggest that HeLa epithelial cells are appropriate as an *in vitro*

model for oral epithelial cells in their responses to the exposure of oral bacteria.

*Streptococcus sanguinis* mostly implicated with pathogenesis of infective endocarditis but it can also be found in gingival tissue of adult periodontitis patients.<sup>4,6</sup> Despite its important role in pathogenesis of systemic infection, its significant action in the pathogenesis of periodontitis is remained unclear. Therefore, the purpose of this study was to identify cell morphological change induced by *S. sanguinis* and to clarify the role of caspase-3 in cell death mechanism in the HeLa epithelial cells.

## METHODS

### Culture of *Streptococcus sanguinis*

A dental plaque isolate *S. sanguinis* was obtained from Balai Laboratorium Kesehatan (BLK) Ngadinegaran, Yogyakarta, Indonesia. *Streptococcus sanguinis* was routinely grown in Brain-Heart Infusion Broth (BHI; Difco Inc., Detroit, MI) supplemented with 1.5% (w/v) agar under microaerobic conditions (7.2% H<sub>2</sub>, 7.2% CO<sub>2</sub>, 79.6% N<sub>2</sub> and 6% O<sub>2</sub>) in an Anoxomat jar (Spiral Biotech) at 37°C. Medium was supplemented with kanamycin (500 µg ml<sup>-1</sup>), chloramphenicol (5 mg µl<sup>-1</sup>), erythromycin (10 mg µl<sup>-1</sup>), and fungisone 0.5%. Bacterial suspension was prepared in concentration of 10<sup>8</sup> cells/ml as a stock suspension.

### Culture of HeLa cell

The experiments were done on human epithelial cell line, HeLa cell, that was obtained from Laboratorium Penelitian dan Pengujian Terpadu (LPPT) Unit I, Universitas Gadjah Mada, Yogyakarta. HeLa cell line was cultured in RPMI 1640 (Sigma-Aldrich, St Louis, MO, USA) supplemented with 10% FBS, 100 IU/ml penicillin and 10 µg/ml streptomycin at 37°C in the presence of 5% CO<sub>2</sub>. The culture was maintained to get 80% confluent before harvesting for the experiments. Confluent culture was harvested by using 0.25% trypsin in PBS. These cells were transferred into 24-well plate for the observation of cell morphological change and detection of active caspase-3 protein expression.

### Cell morphological analysis

The 24 hours culture of HeLa cells were treated with 10<sup>7</sup> cells/ml *S. sanguinis* suspension and incubated for another 36 and 48 hours. One group was left untreated as negative control. Morphology of cell was observed under phase contrast microscope after hematoxylin-eosin (HE) staining.

### Detection of active caspase-3

Immunostaining of active caspase-3 protein was done in Pathology Anatomy Departement, Dr. Sardjito Hospital, Yogyakarta. HeLa cell was cultured in 24 well plate and incubated with RPMI medium for 24 hours. In the following day, the cell was treated with

10<sup>7</sup> cells/ml bacteria suspension for various incubation times (36, 48 hours). Other groups were cultured with RPMI only as negative control or treated with 0.5625 µg/ml doxorubicin as positive control for 48 hours. After the treatment, the cells were washed with PBS and fixed with methanol. The fixed cells then permeabilized by incubating in methanol for 5 minutes at room temperature followed by three times PBS washing within 5 minutes. The slides were drained and incubated in 200 µl of blocking buffer (PBS + 5% horse serum). The slides were flatted in a humidified chamber and incubated for 2 hours at room temperature, followed by PBS rinsing. Anti-active Caspase-3 antibody (Abcam, Cambrigde, UK) was diluted (1:250) in blocking buffer and were incubated in a humidified chamber overnight at 4°C. At the following day, the slides were washed twice for 10 minutes in PBS at room temperature, drained, and were exposed to 100 µl of 1:250 dilution secondary antibody (Startrek Universal, Promega, Madison, USA). The slides were laid flat in a humidified chamber, protected from light, and incubated for 2 hours at room temperature. Following antibody exposure, the slides were washed twice in PBS for 5 minutes and protected from light. The slides were drained and mounted on glass slide using aqueous mounting medium. Observation was performed under phase contrast microscope to identify and measure the number of caspase-3-positive cells from 10 observation fields. The active caspase-3 proteins were identified as brown particles in cell cytoplasm or nucleus. Pictures of experiments result were documented at LPPT and Faculty of Biotechnology Duta Wacana Christian University Yogyakarta.

### Statistical analysis

The results obtained from caspase-3 detection experiments were quantified into percent number of caspase-3 expressing cells that was representative data from three times experiments. Normality and homogeneity test were performed using Shapiro-Wilk and Levene tests, respectively. The statistical analysis showed that those data were homogen and normally distributed with significance value  $p > 0.05$ . The percentage number of caspase-3 expressing cells was analyzed using One-way Anova. Post Hoc Multiple Comparison was done to analyze mean differences between groups. Statistical significance was determined as  $p < 0.05$ .

## RESULTS

### Cell morphological changes induce by *Streptococcus sanguinis*

Normal HeLa cells are round or polygonal (Figure 1A), some may showing elongation with cellular processus in monolayer culture (Figure 1B). Observation at 12 hours and 24 hours incubation demonstrated that there was no morphological changes can be observed in those cells (data not shown). Under the stimulation

with *S. sanguinis* whole cell, HeLa cell morphology was change. That alteration was observed in cell shape and size; as shown in Figure 1C and 1E. In general, the cell shape changed to round with large spherical nucleus after bacterial exposure. Cytoplasmic processus disappeared, causing smaller cell appearance in most of cell population. The ratio of cytoplasm and nucleus was decreased in bacteria-treated cells.

Cell morphological changes appeared at 36 h after treatment with *S. sanguinis*. The results demonstrated shrinkage cells and loose of intercellular contact compared to the normal cells. Cellular damage was observed as rounded cell characterized by high intensity color under HE staining. The cell nuclei were dark as a result of its capability to absorb the hematoxylin dye. After 48 h treatment, there was increased number of damage cells than they were at 36 h (unpublished data). The cell morphological change as confirmed in this study indicated that *S. sanguinis* could induce irreversible damage in HeLa cells. Those morphological alterations indicated cell damage leading to die. We investigated a part of molecular activation that may play as an important key in these cell death mechanism by detection of caspase-3 activation.

### Caspase-3 activation under stimulation of *Streptococcus sanguinis*

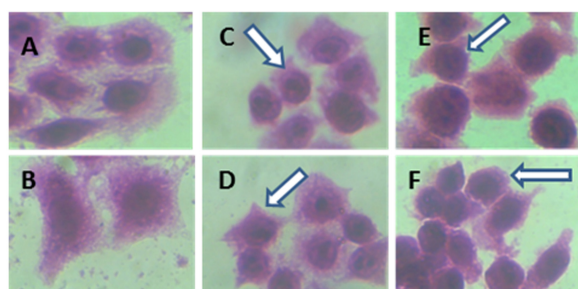
This study demonstrated that treatment of HeLa cells with *S. sanguinis* whole cell induced expression of active caspase-3 protein. This phenomenon was detected from 36 h after treatment and showed increased intensity of expression after 48 h (Fig. 2).

The expression of active caspase-3 was indicated by brown particles (in full color picture) resided in cell cytoplasm (Figure 2). The expression of active caspase-3 indicated apoptotic cell death induced by *S. sanguinis*. The brown particles were found 36 h after *S. sanguinis* exposure to HeLa cells. As shown in Figure 2E, the caspase-3 protein expression was still remain, and increased after 48 h cell exposure with *S. sanguinis*. There was no doubt that protein expression on HeLa cells was induced by bacterial exposure since caspase-3 particles were not detected in resting cells as shown in control groups.

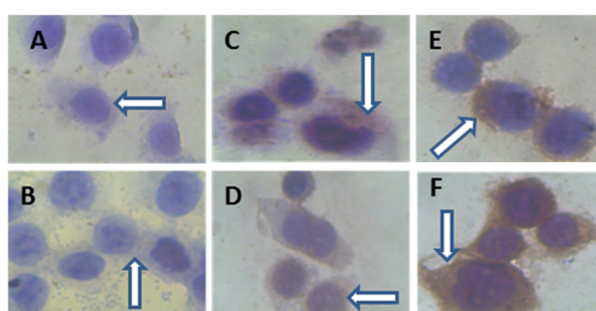
The results obtained from caspase-3 detection experiments were quantified into percentage of caspase-3-expressing cells to that cell population number counted in 10 different observation area. The results were summarized in the following table.

Table 1 shows number of caspase-3-expressing cells among three groups. There were increased number of active caspase-3-expressing cells after treatment with *S. sanguinis* for 36 h. The number of caspase-3-expressing cells was higher in the group treated with *S. sanguinis* for 48 h. As for statistical analysis,





**Figure 1.** Exposure of HeLa cells with *S. sanguinis* (40x magnification). Untreated cells were incubated for 36 h (A) and 48 h (B). Thirty six hours exposure with *S. sanguinis* (C) or Doxorubicin (D) resulted in cell shrinkage. The number of cell undergone shrinkage was increased after 48 h treatment with *S. sanguinis* (E) or Doxorubicin (F).



**Figure 2.** Active caspase-3 expression in HeLa cells (40x magnification). Untreated cells within 36 h (A) and 48 h (B) culture, appeared as clear either cytoplasm or nuclear area. Cells treated with *S. sanguinis* (C) or Doxorubicin (D) for 36 h demonstrated activation of caspase-3 protein as shown in brown color particles in cell cytoplasm (arrow). The expression of active caspase-3 was increased after 48 h treatment either with *S. sanguinis* (E) or Doxorubicin (F).

Shapiro-Wilk test was used to analyze normality of the data. The *p* value for control, 36 h stimulation, and 48 h stimulation respectively were 0.075; 0.869; 0.596, and 48 h. Those *p* value indicated that the data were distributed normally. In further step, Levene test was used to examine homogeneity of the data. The *p* value for all data based on mean, median, trimmed mean and adjusted df were 0.051 ; 0.082 ; 0.130 ; 0.054, these meant that they were homogen.

For testing the effect of bacterial treatment on caspase expression, One-Way ANOVA was run to compare means between four groups (36h control, 48h control, 36h and 48h treatment) at significance level of 0.05. There was significant difference in percentage of caspase-3 activation between controls and treatment groups. It was confirmed that treatment of HeLa cells with *S. sanguinis* could induce increased expression of active caspase-3. Furthermore, Post Hoc Test (Bonferroni and Scheffe) was done to analyze mean differences between groups. The results of this analysis showed at Table 2.

**Table 1.** Means and standard deviations of percentage of caspase-3-expressing HeLa cells after *S. sanguinis* exposure

Groups	Negative Control		<i>S. sanguinis</i> -treated cells	
	36 hours	48 hours	36 hours	48 hours
Mean percentage of active caspase-3 expressing cells	0.123±0.136	0.405±0.188	8.607±0.918	29.345±0.846

The data were representative value from three times experiments.

**Table 2.** Summary of Post Hoc Multiple Comparison Test to percentage of active caspase-3-expressing cells

Groups	Time	Control groups		Treatment groups	
		36 h	48 h	36 h	48 h
Control groups	36 h	-	-	-	-
	48 h	1.000	-	-	-
Treatment groups	36 h	0.000*	0.000*	-	-
	48 h	0.000*	0.000*	0.000*	-

\*Significant at *p* < 0.05

As summarized in Table 2, there was no significant difference in caspase-3 expression between control groups. Differences were identified between control groups (36 and 48 hours) and treatment groups; as well as between treatment groups. The data showed that the longer exposure time, the higher increased caspase-3 expression.

## DISCUSSION

This study confirmed that oral commensal bacterium *S. sanguinis* could cause cell damage leading to death on HeLa cells. Cellular shrinkage was detected in *S. sanguinis*-treated HeLa cells after 36 hours, and majority of the cell populations have undergone shrinkage after 48 hours incubation with *S. sanguinis*. The damaged cells appeared as round or oval masses with dark eosinophilic cytoplasm with dense purple nuclear chromatin. The cells appeared in smaller sizes, and had lost contact with neighboring cells. These phenomena suggesting irreversible cellular damage leading to death. Cell death induced by *S. sanguinis* also found in human macrophage cell line (THP-1). That cell generate death mechanism which is independent of caspase activation; it was caused by increase of reactive oxygen species (ROS).<sup>14</sup> Previous study on *Streptococcus pneumoniae* and *S. sanguinis* revealed that those bacteria were able to induce apoptotic cell death on lung cells of rat model, although they run in different pattern of death mechanisms.<sup>8</sup>

Molecular background may explain cell morphological alteration. In this study, active caspase-3 proteins were detected in the cytoplasm of *S. sanguinis*-treated HeLa cells. Since caspase-3 functions as executioner enzyme in apoptotic cell death,<sup>9</sup> it is believed that HeLa cell death caused by *S. sanguinis* was apoptosis (caspase-dependent programmed cell death). Apoptosis is a vital mechanism in wound healing processes. It functions are to drive regeneration processes of granulation tissue to minimize scar tissue formation.<sup>15</sup> In this study, we can see that even in control group, some cells also died after 36 h culture. It was in line with previous theory that if not apoptosis, then at least cell death, can be found not only in pathologic condition, but also in physiologic condition. Physiologically, apoptosis also occurs in immune system. More than 95% of B-cells and T-cells die during maturation process. In addition, apoptosis also important for removal of infected and damage cells, morphogenetic changes during embryonic development, and tissue homeostasis.<sup>16</sup> On the other hand, in pathophysiological conditions apoptosis contributes in mechanisms to prevent host tissue from exposure of pathogens. In this case, infected cells are removed from the body by apoptosis, followed by phagocytosis by macrophage.

Caspase-3 is known as a key factor in apoptosis execution. This molecule is activated in cytosol, closed to the surface of cellular membrane, and then transferred to the cytoplasm.<sup>17</sup> Active caspase-3 enters nucleus through nuclear membrane pores which is generated by caspase-9 activation, releasing apoptotic substrates that able to cause DNA degradation. Another molecular phenomenon caused by activation of caspase-3 is cleavage of nuclear skeleton components, lamin and fodrin. The cleavage of lamin by caspases-3 can cause chromatin condensation and decomposition of nuclear membrane. Furthermore, cleavage of fodrin could induce apoptotic body formation.<sup>9</sup> There is closed relationship between caspase-3 activation and cell morphological changes. Caspase-3 activation can cause protein and kinases cleavage, membrane externalization, cytoplasm and nuclear condensation.<sup>17</sup>

It is assumed that the mechanism of apoptotic cell death induced by *S. sanguinis* can be conducted in different mechanisms. One possible mechanism may be involves hydrogen peroxide ( $H_2O_2$ ) production. Like other Streptococci, *S. sanguinis* is able to produce  $H_2O_2$ .<sup>18</sup> The  $H_2O_2$  production by Streptococci may act as potential virulence factor that causes direct damages to the host tissues. In case of another species,  $H_2O_2$  produced by *S. pyogenes* can cause damages to host tissues directly.<sup>19</sup> Another scenario is that  $H_2O_2$  produced by *S. pneumoniae* induced apoptosis-like cellular response.<sup>20</sup> A study on mucosal epithelial cells reported that  $H_2O_2$  produced by bacterial origins could cause apoptosis.<sup>21</sup>  $H_2O_2$  induced apoptosis in HeLa cells was regulated by simultaneous activations of pro-apoptotic p73, Bax and

inhibitions of anti-apoptotic Bcl-XL. It will be followed by the release of cytochrome c and the activation of caspase-9 and caspase-3. It was the intrinsic apoptotic pathway.<sup>22</sup> The production of  $H_2O_2$  in *S. sanguinis* may cause release of extracellular DNA (eDNA). Recently it is known that eDNA produced by bacteria is necessary for the development of biofilm and cell-cell adhesion.<sup>1-23</sup> It has serious implication to cellular homeostasis of host cells because once the bacteria release  $H_2O_2$ , it will induce the production of eDNA to promote biofilm formation and cell-cell adhesion.

Another possible mechanism is induction of apoptosis by activation of inflammatory mediator interleukin-8 (IL-8). Molecular signal generated by IL-8 may induce the activation of extrinsic apoptosis pathway by transcription-mediated increases in c-FLIP expressions on prostate cancer cells.<sup>24</sup> IL-8 was produced by oral epithelial cells under stimulation of multispecies microbial biofilm including *S. sanguinis*.<sup>25</sup> In case of bacterial infection, it was reported that there was secretion of IL-8 following the infection of *S. gordonii* within 4 h stimulation. *Streptococcus sanguinis* and *S. pneumoniae* also can cause apoptosis.<sup>26</sup> Another study revealed that those bacteria induced apoptosis in lung cells.<sup>8</sup> Those studies indicated that IL-8 produced by *S. sanguinis* could be one of the possible substances that can cause HeLa cell death. Therefore, the apoptosis induced by *S. sanguinis* could happen by means of intrinsic and extrinsic pathways.

Although there were two possible mechanisms of apoptosis, this report demonstrated that the apoptosis in HeLa cells induced by *S. sanguinis* probably happened by extrinsic pathway. It was shown from the fact that active caspase-3 was detected in HeLa cells predominantly. Interleukin-8 (IL-8) from HeLa epithelial cells stimulated by *S. sanguinis* might be induced the activation of the extrinsic apoptosis pathway. On the other hand,  $H_2O_2$  produced by *S. sanguinis* in aerobic condition was probably degraded into  $H_2O$  and  $O_2$  immediately. As a result,  $H_2O_2$  produced by *S. sanguinis* probably was not strong enough to induce apoptosis on HeLa cells.

The role of *S. sanguinis* in the pathogenesis of periodontal disease is still unclear. A study conducted on patients with progressive chronic periodontitis found that the predominant bacterium in plaque and gingival tissue was *Viridans streptococci*.<sup>7</sup> Colombo *et al.* also reported that in patients with chronic periodontitis, *S. sanguinis* was found in 35% of the colonies.<sup>5</sup> In the mouth, *S. sanguinis* is known as oral commensal bacteria. When these bacteria enter systemic compartments like the blood circulation, they will express environmentally regulated genes to adapt with the new environment. This gene expression is regulated by many factors like the changes in pH, oxygen level or temperature. For example, at pH 6.5

to 7, oral *Streptococci* release a histone-like protein (HlpA) into the medium. At pH below 6, this protein is disappear. Histone-like protein binds to a soluble lipoteichoic acid, a major constituent of outer envelope of gram-positive bacteria. The complexities will be able to be recognized by specific antibody resulting in inflammations and the increase of the bacteria's pathogenicity. Stressor from new environment can modify the bacterial nature become more virulent.<sup>27</sup> Another oral commensal bacterium, *S. intermedius*, is also associated with suppurative infections. It also has the tendency to cause abscess formations commonly found in the liver and the brain.<sup>28</sup> This species produces intermedilysin (ILY), a human-specific cytotoxin, which would become higher in its production while the species is found in anaerobic situation, an deep-seated abscess.<sup>29</sup>

One important point that can be deduced from this study is although *S. sanguinis* is known as oral commensal bacteria, in certain conditions it may change into pathogenic bacteria. To survive in its foreign environment, *S. sanguinis* usually stays in an abnormal or injured anatomic site, or an immunocompromised host.<sup>27</sup> *Streptococcus sanguinis* colonizing the heart valves causes a systemic infection called the infective endocarditis. The mortality in endocarditis varies between 4 - 14%.<sup>30</sup> Finally, our results suggested that oral commensal bacteria need more awareness regarding its ability to injure oral or systemic tissues, especially in immunocompromised patients. The apoptosis induced by *S. sanguinis* might happen by means of intrinsic and extrinsic pathways. In this study, there has not been cleared yet which part of *S. sanguinis* that can cause the apoptosis in HeLa cells; that is why it needs to be clarify in further study.

## CONCLUSION

From the results of this study it is concluded that *Streptococcus sanguinis* could induce alteration of cell morphology, notified by cellular shrinkage on HeLa cells, and caspase-3 may play important role in cell death mechanism.

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